



## **THE POAM/OWLS CELEBRATION**

**September 15 & 16, 2010**  
**Calvin Crest Camp Conference and Retreat Center**  
**2870 County Road 13, Fremont, NE**

### **“LIVING FULLY”**

*John 10:10 – {Jesus said to them,} “I came that they may have life, and have it abundantly.”*

It's time again to join with friends and neighbors from across Nebraska and Iowa for a special two-day Fall Celebration planned especially with older adults in mind. You're in for a wonderful time of fellowship, learning, entertainment and worship as you attend this annual event at Calvin Crest Camp Conference and Retreat Center.

You're sure to enjoy a variety of speakers and presentations, worship and music, food and fellowship in this beautiful setting. Calvin Crest offers air-conditioned rooms with private baths, comfortable meeting rooms, and the beauty of nature along with great meals and snacks. The facilities are handicapped accessible as well.

This event will be one you will long remember and will want to share with your friends and neighbors, so we invite you to join us for the 2010 POAM/OWLS Fall Celebration.

Support for this event is provided by Homestead Presbytery, Missouri River Valley Presbytery, Omaha Presbyterian Seminary Foundation, and Lincoln Eastridge Presbyterian Church.

If you are in need of financial assistance to attend this event, scholarship money is available. Please check with your home church first; then if necessary contact Jean Meenen, Fremont, (402)721-5694 or Dr Richard H Skelley, Papillion (402)339-7345, for further details.

For more brochures, application forms, directions/map for getting there, plus information about the camp, visit the Calvin Crest website, <http://www.calvincrest.org>. - Open the OWLS section & view/download additional materials as required.

# - - LIVING FULLY - -

*John 10:10 –*

*[Jesus said to them,] “I came that they may have life, and have it abundantly.”*

## Wednesday's Schedule — September 15, 2010

**9:00 Registration** - Check in, pick up handouts.

**9:30 Welcome** - *Dick Skelley*, Chaplain

**10:00 Opening the Scripture** - *Don Steiner*

**10:30 Break** - Have a stretch, a snack, a visit

**11:00 Living Fully - Part 1** - *Don Steiner*

*Living Fully* every day means living in the confidence and joy that God loves each one of us completely, without qualification, and extravagantly, as many parents love a child. (Ephesians 1:18-19)

**Noon Lunch at Dining Hall and Free Time**

Displays of hobbies/collections – downstairs, north side; Hearing and visual resources – Jones Room; Recreation options; Relax

**1:30 What? - Where? – Issues of Vision and Hearing That May Impact Us**  
*Evy Katz* and *Marian Reyburn*

**2:30 Break** - Have a stretch, a snack, a visit

**OPTION: Brain Teasers/Exercise Your Noodle** - *Carolyn Harp*

**3:00 Living Fully – Part 2** – *Don Steiner*

“Living Fully” – Part 2 – *Finding Meaning and Purpose in Life*- Growing older is filled with opportunities and challenges. How can we release areas of worry and diminishing capability and embrace new ways to enrich our lives? (Jeremiah 29:11-13)

**4:00 It's Your Time – Use It As You Wish**

**Snack and Optional Activities**

Hobby and Collections Sharing Outdoor Fun (horseshoes, Frisbee golf, trail walking)  
Rock painting for the OWLS special site or as a personal memento  
Hayrack Ride around the Calvin Crest grounds

**6:00 Supper at Dining Hall**

**6:45 Load Up and Head Out** – carpool to Midland College, Fremont

**7:15 Planetarium Show**

**8:30 Return to Calvin Crest –**

**Relax** with snacks, board games, visiting – and **Good Night, Friends.**

## *Thursday's Schedule — September 16, 2010*

**7:30 Morning Stretch – Carolyn Harp**

**8:00 Breakfast – Dining Hall**

**9:00 Morning Worship & Mission Message “Hunan, China Adventure” - Lois Svoboda**

with follow-up led by *Zelda Gutha*.

**10:15 Break**

**10:45 My Ancestor was WHO? – Genealogy – Earl Underwood**

**Noon Lunch**

**1:00 Little Treasures in Unexpected Places – Twyla Witt**

**2:00 Music, Music, Music – Papillion Senior Singers**

**2:30 Living Fully, With Grace and Gratitude – June Pederson**

**3:30 Closing Worship – Don Steiner**

**Homeward Bound – “God Be With You ‘Til We Meet Again”**

### **Leadership for the Celebration**

**The Rev. Dr. Richard Skelley** is a retired pastor, and is serving as Chaplain/Moderator.

**The Rev. Dr. Don Steiner** is a retired pastor, and will be leading Bible study and leading two sessions of “Living Fully, Dying Well”.

**Evy Katz** is an Occupational Therapist, and will present information about challenges with vision as we age.

**Marian Reyburn** lives with hearing challenges, has a cochlear implant, and will present information about challenges with hearing as we age.

**Carolyn Harp** will share “brainy” exercises learned at the 2009 Synod School. She also will lead early risers in stretching exercises that may help to begin the day.

**Lois Svoboda** has traveled to China, and will speak about her experiences of witnessing with Christians living in that country.

**Zelda Gutha** will talk about ways older adults can be involved in their church’s life.

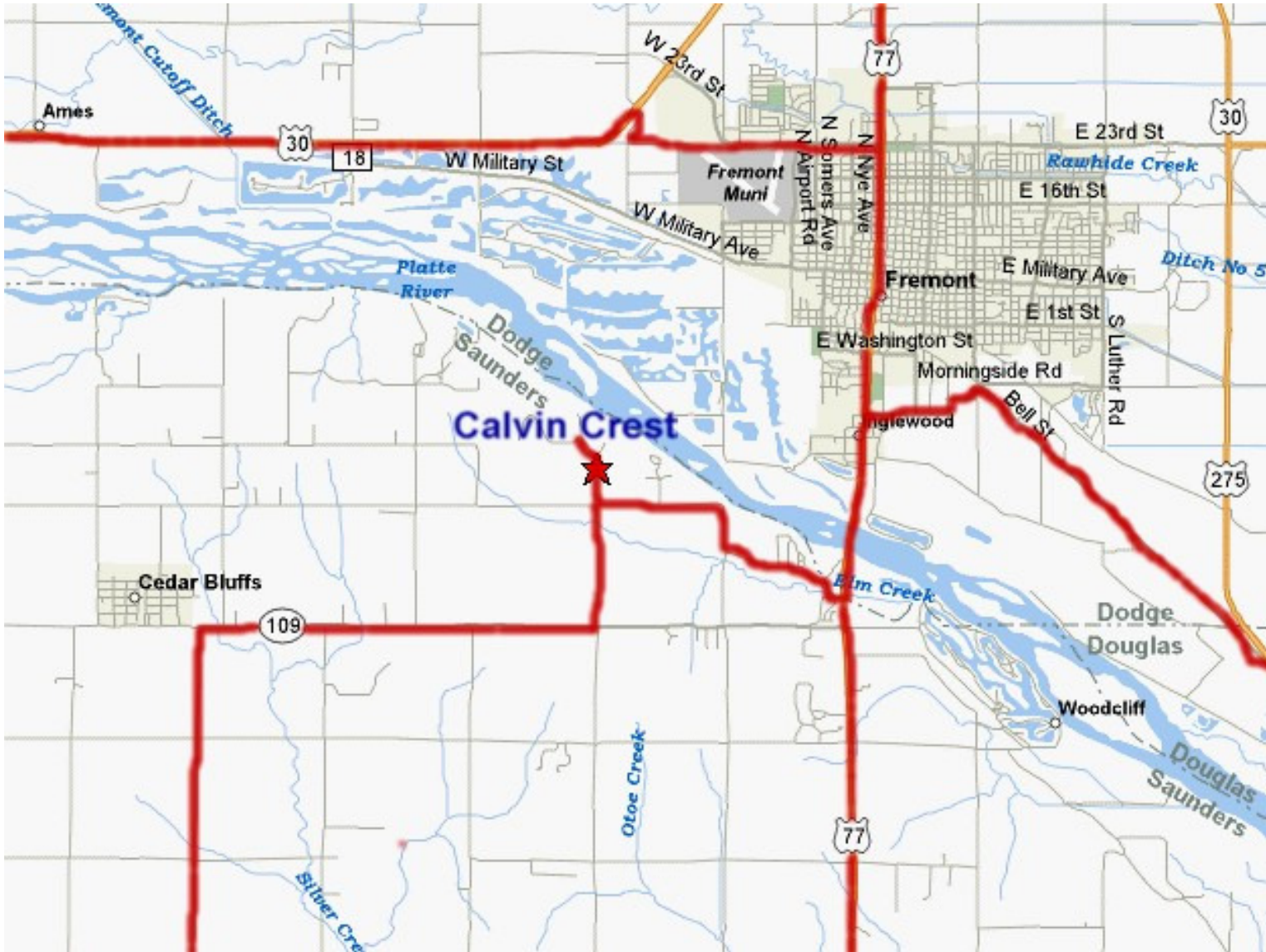
**The Rev. Dr. Earl Underwood** is a retired pastor, and has done extensive research in genealogy. Earl will bring information on how to begin, and how to pursue those elusive ancestors.

**Twyla Witt** is the State Byway Consultant, with the Nebraska Division of Travel & Tourism Office.

**Papillion Senior Singers** come to us as a group that sings together and brings their enthusiasm to older adults in the Omaha area.

**June Pederson** is Lincoln’s Director of Aging Partners.

> Directions to <  
Calvin Crest Camp Conference  
& Retreat Center



**FROM FREMONT**

Proceed S on Hwy 77 & take first R after crossing the Platte River Bridge. Proceed  $\pm 2$  miles on the blacktop road, then  $\pm 1/2$  mile further on gravel. Turn R on CR 13 & proceed  $\pm 1/2$  mile to main camp

**FROM LINCOLN**

Proceed N on Hwy 77 through Wahoo, at the blinking light continue N on County Road [CR] 109  $\pm 14$  miles. At the stop sign at Cedar Bluffs turn R & go East on CR 109  $\pm 3$  miles. Turn L on CR 13 [note sign on L for Camp Calvin Crest] & proceed N on the gravel road  $\pm 1-1/2$  miles to main camp.

**FROM OMAHA**

Proceed W on Center Street/Hwy 92,  $\pm 1$  mile past Mead & turn R onto Hwy 77. Continue N on Hwy 77  $\pm 14$  miles & turn L onto County Road [CR] 109. Continue W on CR 109  $\pm 2$  miles to CR 13 [note sign on R for Camp Calvin Crest] & turn R; proceed N on the gravel road  $\pm 1-1/2$  miles to main camp.

Registration Form

**P.O.A.M./OWLS Celebration - September 15 – 16, 2010**



Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone number \_\_\_\_\_ E-mail address \_\_\_\_\_

\_\_\_\_\_ > following prices are per person <  
\_\_\_\_\_ \$85.00 Single Occupancy for full retreat (includes room,  
meals, programs and snacks).

\_\_\_\_\_ \$70.00 Double Occupancy for full retreat (includes room,  
meals, programs and snacks)

\_\_\_\_\_ \$65.00 Triple Occupancy for full retreat (includes room,  
meals, programs and snacks)

\_\_\_\_\_ \$25.00 Wednesday Only (includes meals, programs and  
snacks)

\_\_\_\_\_ \$25.00 Thursday Only (includes meals, programs and snacks)

\_\_\_\_\_ TOTAL ENCLOSED

**Reservations received after September 11, 2010 NOT guaranteed.**

Please send Registration Form and Payment to:

Calvin Crest Camp Conference and Retreat Center

**2870 County Road 13, Fremont, NE 68025 (402) 628-6455**

***NOTE: You are invited to bring along hobby items and/or collections that you would like to share with others at the Celebration. There will be tables set up for displays and time provided to share them. Please indicate on your registration what you will be bringing.***

OPTIONAL: I/We will be bringing \_\_\_\_\_ to share.

**Copy this form and invite your friends!**